

Allergen Awareness and Gluten-Free Chart



Known Allergens

	May Contain Nut	Nut	Sesame	Milk	Egg	Fish	Soy	Wheat	Sulphite	MSG	Corn	Mustard	Gluten-Free	Vegan
TORTILLAS AND TACOS														
Whole Wheat Tortilla								•						•
White Tortilla								•						•
Hard Corn Taco											•		†	•
Soft Corn Taco											•		†	•
PROTEINS														
Beef Barbacoa							•						†	
Pork Carnitas				•			•	•					†	
Chicken													†	
Crispy Chicken Tenders				•	•			•					†	
Steak													†	
Shrimp						•			•				†	
Chorizo													†	
Plant-Based Crumble	•							•			•			•
TOPPING, CHEESE & GARNISH														
Brown Rice													†	•
Cilantro Lime Rice													†	•
Fajita Veggies													†	•
Chiptole Black Beans													†	•
In-House Refried Beans													†	•
Three Cheese Blend				•									†	
Plant-Based Cheese													†	•
Roasted Chickpeas													†	•
Citrus Slaw													†	•
In-House Pickled Onions													†	•
Charred Corn											•		†	•
Pineapple Salsa													†	•
Lime Wedges													†	•
Lettuce Romaine													†	•
Jalapeños													†	•
Cilantro													†	•
SALSAS, SAUCES & DRESSINGS														
Pico de Gallo													†	•
Medium Salsa													†	•
Salsa Teresa													†	•
Hot Salsa													†	•
Guacamole													†	•
Sour Cream				•							•		†	
Burrito Sauce					•		•						†	
Spicy Rancho				•									†	
Smoky Tequila-Lime Sauce							•						†	•
Avocado-Lime Vinaigrette													†	•
Queso Cheese				•			•				•			
SIDES & DESSERTS														
Churros				•	•		•	•						
Dulce de Leché				•					•		•		†	
Chocolate Chunk Cookie	•			•	•		•	•						
Double Chocolate Chip Cookie	•			•	•		•	•						
Nachos				•			•				•			
Tortilla Chips											•		†	•

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• - denotes allergen is present in the product

† - denotes product is gluten-free